



## PADOVA HALF MARATHON

**Abano Terme - Padua, April 21<sup>st</sup> 2024**

### OFFICIAL RULEBOOK

Assindustria Sport Ltd., amateur sports club has received approval from the National Italian Track and Field Federation to organize the 24<sup>th</sup> edition of the Padova Half Marathon.

This is a race of 21,097 km, which course was measured and certified in 2011 by AIMS/World Athletics and **will take place on Sunday, April 21<sup>st</sup>, 2024 with start at 9.45 am in Abano Terme and arrival in Padua, Prato della Valle.**

#### PARTICIPATION REQUIREMENTS

- A. The race is open to all participants who have reached 18 years of age by the year 2024 and **who hold a membership card from FIDAL (Italian Track and Field Federation) or from a foreign Federation affiliated with World Athletics** and holding authorization to compete abroad. These athletes must provide also copy of the **self-certification** that can be downloaded from the website [www.padovamarathon.com](http://www.padovamarathon.com).
- B. The race is also open to all participants who have reached 18 years of age by the year 2024 and don't hold a membership card from FIDAL or from World Athletics but hold a **RUNCARD**, which allows athletes to participate at running events in Italy for one year and can be purchased on the website [www.runcard.com](http://www.runcard.com). These athletes must provide also a **health certificate** (or the equivalent Health Form downloadable from [www.padovamarathon.com](http://www.padovamarathon.com)) attesting to the fact that their physical conditions are such to allow performance at competitive levels in athletics issued and signed by a sports medicine specialist or by a centre for sports medicine as required by the Italian law. This certificate must be still valid on April 21<sup>st</sup>, 2024.

All participants must waive Assindustria Sport - Padova Marathon of any responsibility regarding the suitability of their physical condition to compete in the race and they must declare that they have trained adequately for the marathon.

#### ENTRY FEES AND PROCEDURES

Entry fees are fixed as follow:

- € 22,00 from 21/10/2023 until 03/12/2023
- € 28,00 from 04/12/2023 until 31/01/2024
- € 34,00 from 01/02/2024 until 22/03/2024
- € 40,00 from 23/03/2024 until 12/04/2024
- € 50,00 at the Expo - **subject to bib numbers availability**

**Please note:** Registrations will be closed upon reaching 3000 participants.

#### SPECIAL OFFERS

- **WOMAN:** € 22,00 from 21/10/2023 until 03/12/2023, then fixed fee € 28,00 until 12/04/2024
- **CLUB SPECIAL:** every 10 people registered for the Half Marathon by the same sports club **one of them is FREE until 12/04/2024**. The 10 registrations must be sent **AT THE SAME TIME** and complete with all the details.

Registrations can be processed as follows:

- **By e-mail:** send the registration form and copy of the payment which can be made by bank draft **IBAN: IT 95 Z 02008 12100 000104650252 - Account holder: Assindustria Sport SSDARL - BIC SWIFT CODE: UNCRITM1920** at the address [iscrizioni@padovamarathon.com](mailto:iscrizioni@padovamarathon.com). Please put the names of the athletes on the payment description.
- **Online:** fill in the online registration form available on the website [www.padovamarathon.com](http://www.padovamarathon.com) and pay by credit card. Visa, Mastercard, Eurocard and Paypal are accepted.
- **Personally** at Assindustria Sport Office at Stadio Daciano Colbachini, Piazzale Azzurri d'Italia - 35134 Padova - Italy.

During the registration process, all non-card holders will be obliged to provide **a copy of a medical certificate** (attesting to the fact that the athlete's physical conditions are such as to allow performance at competitive levels) or the equivalent



health form issued and signed by a sports medicine specialist or by a centre for sports medicine. This certificate must be valid on April 21<sup>st</sup>, 2024. Athletes who register by e-mail must provide copy of the health certificate to the address [iscrizioni@padovamarathon.com](mailto:iscrizioni@padovamarathon.com) before the race.

### REFUND OF ENTRY FEE

**Entry fees are not refundable** in case you decide not to take part to the race. Anyway, you can:

- transfer your registration fee to Padova Marathon 2025 by previously informing the organizers by e-mail ([iscrizioni@padovamarathon.com](mailto:iscrizioni@padovamarathon.com)) by 12/04/2024. The confirmation of the participation to the Padova Marathon 2025 undergoes the payment of **€ 10 for secretarial rights**.
- transfer your registration to another runner by previously informing the organizers by e-mail ([iscrizioni@padovamarathon.com](mailto:iscrizioni@padovamarathon.com)) by 12/04/2024. In case of “name change” you will be asked to **pay extra € 10**.

**WARNING! INFORMATION TO ALL ENTRANTS!** Marathon and Half Marathon are two different races, with different bib numbers and chips. The possibility to change race depends on the availability of bibs and undergoes the payment of **€ 10,00**. Transfer of race on the marathon morning **ARE NOT POSSIBLE**, you will not be in any of the result lists!

### SERVICES INCLUDED IN THE ENTRY FEE

- bib
- official t-shirt
- insurance and medical assistance during the race
- refreshment and sponging along the racecourse
- goody bag
- official program and technical information
- transport of personal clothing from the start area to the finish area
- pre-race and post-race transportation by shuttle buses
- official medal
- Marathon diploma

### BIB NUMBER DISTRIBUTION

Bib numbers will be distributed automatically on the basis of the best personal time made in the last 2 years, declared by the participants and confirmed by FIDAL statistics, and on the basis of the registration date.

For this reason, the Organization cannot satisfy requests for a specific number, nor can it change numbers that have already been assigned, even in cases where the athlete has inadvertently failed to specify his/her personal best.

BIB NUMBERS	BEST TIME
5001 - 5050	Athletes with times under 1 h 30
5051 – 5500	Athletes with times between 1 h 15 and 1 h 30
5501 - 7000	Athletes with times between 1 h 30 and 1 h 45
From 7000 on	Athletes with times from 1 h 45 on

### BIB PICK UP

The bib number is strictly personal and cannot be given to others or exchanged. It must be pinned to the chest with four safety pins so that it is completely visible; it should not be folded and it must be preserved in good condition.

Athletes will be able to pick up their bibs at the Expo in Prato della Valle, Padua, on the following days:

- **Friday April 19<sup>th</sup> from 3:00 pm to 8:00 pm**
- **Saturday April 20<sup>th</sup> from 10:00 am to 8:00 pm**
- **Sunday April 21<sup>st</sup> from 8:00 am to 9:00 am in Abano Terme close to the start line.**

### GOODY BAGS PICK UP

Athletes will find a voucher for the goody bag pick up with their bib numbers. Goody bags can be picked up at the Expo in Prato della Valle, Padua on the following days:

- **Friday April 19<sup>th</sup> from 3:00 pm to 8:00 pm**
- **Saturday April 20<sup>th</sup> from 10:00 am to 8:00 pm**
- **Sunday April 21<sup>st</sup> from 9:00 am to 4:00 pm**

**Goody bags won't be handed out to athletes who will not give the proper voucher.**

## PARKING

Together with the bib number, all the athletes registered for the half marathon will receive a **parking pass** which will allow them to leave their cars in the following parking areas:

- **In Abano Terme (coming from North):** reserved parking in front of Gelateria delle Terme/ Ritz Hotel and parking along Via Monte Ricco and R. Agazzi square (until 8:30 a.m.)
- **In Abano Terme (coming from South):** reserved parking at Via Brustolon (San Daniele zone)
- **In Abano Terme:** parking of Monteortone Stadium (until 8:00 a.m.)

Please make sure to get to the departing area at Abano Terme **no later than 8:30 a.m.** and make sure that the parking pass is clearly visible and placed on the dashboard inside the car.

**The organizers refuse all responsibility for the objects left unattended inside the cars.**

## TRANSPORT SERVICES TO THE START LINE

Before the half marathon there will be a free shuttle service to the start line in Abano Terme.

The shuttles will leave from:

- Padua, railway station (opposite the main entrance) from 7.30 am to 8.00 am;
- Padua, Park Guizza at Via Guizza (tram terminal – direction south) - from 7.45 am to 8.15 am - this parking is recommended;
- Euganeo Stadium from 7.30 am to 8.00 am;
- **For the relatives** who will accompany athletes at Abano Terme there will be a **free shuttle service** to Prato della Valle **at 10.00 a.m.** (departing from Gelateria delle Terme/ Ritz Hotel).

All the athletes are strongly recommended to use the free shuttle bus service to reach Abano Terme in order to avoid excess traffic in the centre of the small town where the race starts.

## TRANSPORTATION AFTER THE RACE

After the race, the athletes will have at their disposal the following bus service:

- **from Prato della Valle to Abano Terme:** from 12.00 a.m. 3.00 p.m., departing every 30 minutes from Via Manzoni (500 mt after the finish line)
- **from Prato della Valle to the Padua train station** from 12.00 a.m. 4.30 p.m. departing every 30 minutes from Via Manzoni (500 mt after the finish line)

## BAGS FOR PERSONAL BELONGINGS

At the start line in Abano Terme, athletes can give the bag containing their personal belongings to the appropriate courier by 9.00 am by previously attaching the **identification sticker with the bib number**, which they will find inside the envelope containing the bib. The athletes will be able to pick up their bags from the courier trucks after the race in Prato Della Valle.

**Athletes are strongly recommended not to put in their personal bag objects of value and to only insert extremely necessary garments. Heavy and huge bags (such as trolleys and luggage) won't be accepted.**

**Personal bags will be handed out only if athletes will exhibit their bib number.**

## THE START

The start of the half marathon is set for **9.45 a.m.** Slight variations in the starting time may be caused by the live television broadcast of the event.

To guarantee a smooth start, all runners are requested to arrive at the start line in Abano Terme no later than 8.45 a.m.

## RACE COURSE

The race starts in Via Santuario (Abano Terme). It then continues along Via Monteortone, SS250, Via dei Colli Euganei, Via G. Busi to the left, Via Previtali to the right and continues towards the town of Montegrotto Terme along Corso delle Terme, Via Roma, Viale Stazione, Via Manzoni, Via Neroniana, Via Marzia to the left. It turns right into Via Roma and continues along Via Romana and Via Roveri. At this point, near the km 10, there is the connection with the marathon route and continues towards Via Roveri, Via S. Maria d'Abano, Via Latisana and Via Romana Aponense. It enters the Municipality of Padova and continues along Via Romana Aponense, La Mandria, Via Armistizio, Ponte Isonzo, Via Isonzo, Via Goito, Piazzale Sacra Famiglia, Via Cernaia, Piazzale San Giovanni, Via Euganea, Ponte San Giovanni delle Navi, Via



Vescovado, Via Vandelli, Piazza Duomo, Granguardia, Piazza dei Signori, Piazza della Frutta, Via Oberdan, Via VIII Febbraio, Via San Francesco, Via del Santo, Piazza del Santo, Via Luca Belludi and arrives at the finish line in Prato della Valle.

### PROHIBITIONS

The race course will be completely closed to traffic. All side streets and all crossroads will be supervised by the local police who will prevent all other types of vehicles (bicycles, mopeds and motorcycles included) from travelling along the racecourse. Vehicles that are authorised to travel along the course will be issued a special pass by the Organization.

### TIMING

The timing and the ranking of the race will be processed by My Sdam with the MyLaps Bibtag system, based on a disposable bib chip.

The chip is glued on the back of the bib number and should not be returned after the race.

### TIME LIMITS

The race course will be closed to traffic for a maximum of **2:30 hours**. Athletes who finish the race after this time limit will not be ranked.

### PACERS

Padova Marathon will provide pacers, that are athletes who will run at a constant pace to reach the finish line at a pre-established time: **1h25' - 1h30' - 1h40' - 1h45' - 1h50' - 2h00' - 2h10' - 2h15'**.

At the start in Abano Terme the pacers will be inside the various start corrals and can be recognized by the word "pacer" on their t-shirt or by balloons of various colours.

### REFRESHMENTS AND SPONGING

In accordance with the World Athletics/FIDAL rulebook, there will be refreshment stations every 5 km along the course and at the finish line. One sponging station will also be available along the race course at the km 17.5.

### WITHDRAWAL FROM THE RACE

Athletes who decide to quit the race should use the refreshment stations and sponging stations as meeting points. From there they will be taken to the finish line area in Prato della Valle, where they will be able to collect their personal bag.

### MEDICAL ASSISTANCE

Along the half marathon race course there are **two hospitals** (in Abano Terme and Padua). Medical assistance will be guaranteed along the entire length of the race course with medical assistance means, including two medical motorcycles. But we realise that every marathon runner knows his/her own limits and how to gauge his/her own strength in order to reach the finish line.

Next to the Sanitary Service tent after the finish line, there will be a tent for information on marathon runners who have been aided along the race course.

### FINISH

The finish line is located in Prato della Valle, Padua.

### PRIZE MONEY LIST

After the race the first three men and women will be prized on the main stage in Prato della Valle.

PRIZE MONEY PADOVA HALF MARATHON 2024							
MEN				DONNE			
General		For Italian athletes		General		For Italian athletes	
1°	€ 2.000	1°	€ 500	1°	€ 2.000	1°	€ 500
2°	€ 1.500	2°	€ 400	2°	€ 1.500	2°	€ 400
3°	€ 500	3°	€ 200	3°	€ 500	3°	€ 200
4°	€ 300	4°	€ 150	4°	€ 300	4°	€ 150

5°	€ 200	5°	€ 100	5°	€ 200	5°	€ 100
6°	€ 100	6°	€ 100	6°	€ 100	6°	€ 100

DISABLED							
BLIND T11				IMPAIR SIGHTED T12/T13			
MEN		WOMEN		MEN		WOMEN	
1°	€ 150	1°	€ 150	1°	€ 150	1°	€ 150
2°	€ 100	2°	€ 100	2°	€ 100	2°	€ 100
3°	€ 50	3°	€ 50	3°	€ 50	3°	€ 50
AMPUTEE T44/T64				AMPUTEE T46			
MEN		WOMEN		MEN		WOMEN	
1°	€ 150	1°	€ 150	1°	€ 150	1°	€ 150
2°	€ 100	2°	€ 100	2°	€ 100	2°	€ 100
3°	€ 50	3°	€ 50	3°	€ 50	3°	€ 50
CP T37/T38				DEAF			
MEN		WOMEN		MEN		WOMEN	
1°	€ 150	1°	€ 150	1°	€ 150	1°	€ 150
2°	€ 100	2°	€ 100	2°	€ 100	2°	€ 100
3°	€ 50	3°	€ 50	3°	€ 50	3°	€ 50
INTELLECTUAL-RELATIONAL T20							
MEN		WOMEN					
1°	€ 150	1°	€ 150				
2°	€ 100	2°	€ 100				
3°	€ 50	3°	€ 50				

PRICE MONEY TEAMS FROM REGION
The first 5 Fidal running teams from the Venetian Region having a minimum of 15 classified athletes between men and women will be awarded. The ranking position will be given according to the number of classified athletes (men and women).

- 1° classified: € 500
- 2° classified: € 400
- 3° classified: € 300
- 4° classified: € 200
- 5° classified: € 100

PRICE MONEY TEAMS FROM OUT REGION

The first 5 Fidal running teams from out Venetian Region having a minimum of 10 classified athletes between men and women will be awarded. The ranking position will be given according to the number of classified athletes (men and women).

1° classified: € 500

2° classified: € 400

3° classified: € 300

4° classified: € 200

5° classified: € 100

**Athletes with Runcard or Sport promotion affiliation card cannot be included in the money prize.**

Money prizes for Italian and foreign athletes will be paid by bank transfer within 90 days. In order to do so, the Organization will send to the winners an online form to be filled in with personal details, tax code and bank details (including IBAN code).

**HALF MARATHON DIPLOMA**

Each participant will be able to download the half marathon diploma from the website [www.padovamarathon.com](http://www.padovamarathon.com).

**ELIMINATION**

The Organization reserves the right to eliminate any athlete from the race at any time for inappropriate behaviour.

**MORE INFORMATION ABOUT THE PADOVA MARATHON**

For further information about the Half marathon 2024 (how to register, where to stay, how to reach Padua, etc.) please contact the organizing staff at the following address: Assindustria Sport - Stadio Daciano Colbachini, Piazzale Azzurri d'Italia – 35134 Padova – Tel. +39 049 5002500.

The offices are open from Monday to Friday from 9.00 a.m. to 1.00 p.m. and from 2.00 p.m. to 6.00 p.m.

Web site: [www.padovamarathon.com](http://www.padovamarathon.com)

E - mail: [info@padovamarathon.com](mailto:info@padovamarathon.com)

**PRIVACY POLICY**

The personal data compulsory to complete the registration to the Abano Terme – Padova half marathon will be handled by the staff of Padova Marathon Organization in the manner provided for by the Italian privacy law with paper tools, necessary for the realization of the sport event above mentioned and for the mailing of advertising material. These data can be given to a third party for the fulfilment of the obligations related to the event or to the purposes above mentioned. At any time, you can exercise the rights granted by art. 7 of d.lgs 196/03 (cancellation, rectification, etc.) by writing the Organisers, responsible for the handling of the data, at the following address: Assindustria Sport - Stadio Daciano Colbachini, Piazzale Azzurri d'Italia - 35134 Padova.

As far as the consensus for the handling of your personal data is concerned, the sign on the registration form will bear witness to it.

**IMAGE COPYRIGHT**

By registering for the Abano Terme – Padova half marathon, the athlete expressly authorizes the Padova Marathon Organization and its media partners to use all motion and still pictures taken during the athlete's participation in the event. These pictures may be used throughout the world, in all forms and for all purposes, including their use in advertising and promotional materials, and for the length of time permitted by law, by regulations and by agreements in effect, including any extension of the aforementioned duration.

**SOME PRACTICAL TIPS**

- We recommend the use of comfortable running shoes that have been broken in and tested on long distances. The use of new shoes should be avoided until they have taken the shape of the arch of your foot.



- Protect the parts of your body that may become irritated due to the repeated friction caused by running (armpits, groin, inner thighs, breasts).
- Use large amounts of moisturising cream (preferably petroleum jelly, i.e. Vaseline) to moisturise these parts of the body.
- For participants who will be staying at a hotel, we recommend that you remind the hotel staff of any special needs that you may have on the day of the race: an early breakfast, the possibility of leaving your baggage in their care until the end of the race, the possibility of taking a shower afterwards, etc.

#### NOTICE

The Padova Marathon Organization reserves the right to modify this rulebook as needed, in order to guarantee a better Organization of the race.

All changes to services, venues and timetables will be communicated to registered athletes or will be posted on the website: [www.padovamarathon.com](http://www.padovamarathon.com)